

PRACTICAL INSTRUCTIONS FOR INTERNATIONAL STUDENTS CONCERNING HEALTH PROVISIONS RELATED TO COVID 19

Covid-19 emergency and how to do a swab test

If you need to do a swab test for Covid19, you can contact directly the local health authority contact person Dott. Stefano Bernardelli.

Please write an email to stefano_bernardelli@ats-pavia.it or esitinommg@ats-pavia.it specifying your name, surname, date of birth, tax code and mobile phone number.

If the result of your test is positive, the local Health authority will take care of your situation, will book the second swab for you (in case it is negative) and it will certify that you are not positive to covid19 anymore.

The local Health authority will also take care of contact-tracing activities. If you have any of the above mentioned symptoms after being in touch with a positive–tested person, please send an email to stefano_bernardelli@ats-pavia.it or esitinommg@ats-pavia.it to book your swab-test.

How to contact a general practitioner

If you need to contact a general practitioner, you can choose a Local Health Authority authorized one (see [full list here](#) – just choose Comune di Pavia on the top-left of the webpage).

You can contact the International Relations Office or the Erasmus Office for a list of English speaking doctors.

If you enrolled in the National Health System upon your arrival or if you are an EU citizen holding an European Health Insurance Card (EHIC) you will be visited for free.

If you are a non-EU student holding a private health insurance, the cost of the visit is 15€ if you see the doctor in his/her ambulatory, 25€ if the doctor comes to visit you at home.

As for pediatric visits, the cost is 25€ in the ambulatory, 35€ at home.

The costs could be refunded by your insurance, depending on the insurance conditions.

Anyhow, for emergency you can contact the local Guardia Medica (from 8;00 pm to 8:00 am - <https://www.guardiamedicapavia.it>).

How to access health services

To access other specific health service (such as blood tests, appointed specialistic visits), a written request from a general practitioner (so called *impegnativa*) is always needed.

The access to these services is generally to be booked, following your general practitioner instructions.



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A fee will be applied for the access, which can be refunded by your home country health service (if you are an EU citizen holding an European Health Insurance Card - EHIC) or by your private health insurance (depending on the insurance conditions).

How to enrol in the National Health system

Non-EU students can enrol with the National Health Service (SSN) which offers same health care as an Italian citizen, including a general practitioner (Medico di Base) and cheaper costs for medical treatments. It is valid for a calendar year (1st January - 31st December) and must be paid in a single installment of €149.77.

This has to be paid at the Post Office on the account c/c n° 379222.

Afterwards, you need to go to the Health Local Unit (ASL, Via Indipendenza, 3, Pavia [Google map](#)) with the payment receipt and you will be able to choose a practitioner.